



Bainbridge Island Aquatic Center

Bainbridge Island Metro Parks & Recreation Department



Swim Program Parent's Handbook

October 2014



Program Overview

The mission of the Bainbridge Island Aquatic Center's Learn- to-Swim Program is to promote a safe and fun environment where students of all ages will become more confident in and around the water. Our instructor's will strive to provide a student center approach; which will focus on safety, basic water skills, and proper swimming technique. Each student will have the opportunity to engage with their instructor and learn these vital skills in an environment that promotes fun and safety.

Program Contact Information

Megan S Pleli
Aquatic Program Manager
Bainbridge Island Aquatic Center
8521 Madison Avenue
Bainbridge Island, WA 98110
meganp@biparks.org
206-842-2302 ext 102

<http://www.biparks.org/programsandclasses/aquatics.html>

Important Information

- A certificate from any one of our classes does not guarantee against drowning!
- Parents should at all times actively watch children at and around water. Parents know their child and their swimming abilities; which makes parents the primary defense against drowning and injuries.
- Never assume that a child is safe because they are using a water toy such as a ring, float, noodle or kickboard. These can become dangerous if not used properly, and are not designed to prevent drowning.

Schedule

The Bainbridge Island Aquatic Center offers year round swim group swim lessons as well as private swim lessons. Please reference our website www.biparks.org or our program guide for date and time offerings. For private lessons contact:

Megan Pleli, Aquatic Program Manager
meganp@biparks.org
206-842-2302 ext 102

Our Facility

Our Aquatic Center has many unique features to ensure your family has a safe and memorable time while you visit us. The aquatic center has two main pools; Ray Williams (competition pool) and Don Nakata (family friendly pool). The Ray Williams pool is kept at 79-80 degrees to keep our swimmers cool while they train. The Don Nakata pool is kept at 81-83 degrees to allow our program participants, such as swim lessons and aqua fit classes, to stay warm! The Don Nakata pool also transforms into a water park; which contains a lazy river, tot pool, rope swing and water slide during open swim.

Scheduling & Registering for Classes

All students will be registered through the Bainbridge Island Metro Parks & Recreation website or staff. During registration please select the appropriate level for your swimmer. If you do not know what level your child is please contact Megan Pleli for a free skill assessment to ensure your swimmer is successful. If your swimmer has a specific special need please let us know! We want your swimmers to have a great experience here at the Aquatic Center.

Cancellation & Refund Policy

If your scheduled class is cancelled by the Park District a full refund or credit will be given. We do our best to ensure that our classes run, however, each class needs to have a minimum number of students to operate. If you cancel 7 calendar days prior to the first class meeting, you will receive a full refund or credit, less \$5.00 (service charge per class). If you cancel less than 7 days prior to the first class meeting a refund or credit will not be allotted. Some exceptions may be made for illness or injury, please call Megan Pleli for this exception.

What to Expect

Our swimmers are provided instructors with working knowledge on teaching the most up to date techniques. Our instructors attend trainings and keep abreast of the new techniques and requirement for our swimming programs as an American Red Cross provider. So, when you attend our classes rest assure that your instructor is able and has an in-depth knowledge to be able to teach your student. Our instructors are committed to providing the best experience possible, so you can expect:

1. Your instructor to be on time to your class and ready to teach.
2. Your instructor will have a plan on how to structure each lesson to reach the end objective for the entire session.
3. Your instructor will speak with you regarding your swimmers progress and offer suggestion as to how to improve.
4. Your instructor will engage your swimmer and provide instructive feedback while encouraging them.
5. Your instructor will end class on time.

The Do's and Don'ts of Lessons

- Our programs still adhere to the rules of the facility, so please be familiar with them.
- Please be on time to your class. Instructors count on every minute to help their swimmers excel and when participants are late it causes disruptions for the entire class.
- If you have a swimmer who is not potty trained, please wear a properly fitting water diaper. This decreases the chance of pool contamination.
- Please allow our instructors to teach their classes. If you have a concern please speak with the instructor after the class. It disrupts the class and undermines the instructor if you interrupt.
- Please do not feed your child a large meal right before classes. This increases the chance of vomiting if they cough or get water in their nose.